

# KIDS for the BAY

A Project of Earth Island Institute

1771 Alcatraz Avenue, Berkeley, CA 94703

Tel: (510) 734-3835

Email: [info@kidsforthebay.org](mailto:info@kidsforthebay.org)

<https://kidsforthebay.org>

Mandi Billinge, Executive Director/Founder

## Summer Camp 2025 Youth Leader Parent Preparation Packet

Dear KIDS for the BAY Summer Camp Family,

We are really looking forward to a wonderful summer of outdoor adventures, hands-on science and caring for the environment with our Youth Leaders and our campers. We have planned many fun-filled weeks of learning, guaranteed to make this summer unforgettable! In this Preparation Packet we have enclosed some important information about camp. Please look it over with your Youth Leader.

### Your Preparation Packet includes:

- Youth Leader's Daily Checklist
- Youth Leader's Roles and Expectations
- Drop-Off/Pick-Up Instructions
- Drop-Off/Pick-Up Late Policy
- Leader-In-Training/Intern Self Sign Out Form
- Recipe for a Zero-Waste Lunch
- Medication Permission Form - *A copy of the Permission Form can be downloaded [HERE](#).*
- Swim Waiver for Lake Anza - please complete, sign and return to your **KftB Educator on day one of camp**. *A copy of the Waiver can be accessed and downloaded [HERE](#):*  
<https://kidsforthebay.org/pages/wp-content/uploads/2025/06/Swim-Waivers.pdf>

### Each Explorers and Adventurers group will be led by:

- KftB year-round staff members
- Camp Leaders and Junior Camp Leaders
- Youth Leader volunteers

You can read more about our [camp staff on our website!](#)

**IMPORTANT: If your Youth Leader will need medication** administered while participating in a KIDS for the BAY Summer Camp session, you must complete a **Medication Permission Form**. Please email this form to [camp@kidsforthebay.org](mailto:camp@kidsforthebay.org) and turn it in to your Summer Camp Leader in person on the first day of camp.

The **Drop-Off/Pick-Up Locations** and maps with exact meeting places can be found **on our website** at the **bottom of the page for each weekly theme**. You can also follow [this link](#) for more information on your special camp theme: <http://kidsforthebay.org/summer-camp/session-themes-locations/>

Please remember to **bring your picture ID** to pick up your Youth Leader and sign them out of camp.

If your Leader-in-Training (LIT)/Intern will be signing themselves in and out of camp, please note that we need the completed **Intern Self Sign Out Form** returned to us **before** their first day of camp. **This is for LITs only.** Camp Rangers must be signed in and out of camp by their parents/guardians.

**If you have any general questions please feel free to contact us:**

Camp email: [camp@kidsforthebay.org](mailto:camp@kidsforthebay.org)

KftB Office: (510) 734-3835

**For urgent questions only, while camp is in session please contact:**

Yvette Diaz Samayoa, KftB Program Manager: (510) 316-5664

Anais Wilson, KftB Lead Program Coordinator: (310) 357-5878

**Please note that cell phone reception is limited in Tilden Park and at some other locations.**

We really look forward to seeing you at Summer Camp!

**KIDS for the BAY**

**Everyone Is an Environmentalist!**

# KIDS for the BAY

Summer Camp 2025

## Camp Location Pick-up/Drop-off Instructions

**IMPORTANT:** Please see our session [Themes and Locations](#) page on our website for camp locations during your session(s): <https://kidsforthebay.org/summer-camp/session-themes-locations/>

Please check the location on our [Themes and Locations Page](#) before each day of camp. We will mainly be **based at Orchard Picnic Area in Tilden Park**, and we will have **at least two, sometimes three special location days each week**, so it is very important for you to check the website to find the location of camp for your Youth Leader (YL) each day.

**PLEASE NOTE:** Our locations are *best found using Google Maps*. Click on each location to visit a Google Maps Navigation that will take you to the exact drop-off location.

*Apple Maps will not take you to the correct location.*

**AT ALL LOCATIONS:** Look for the KIDS for the BAY Summer Camp sign!

### Orchard Picnic Area, Tilden Park:

Park in the lot above or across the street from Orchard Picnic Area. Walk your Youth Leader over to the check-in area at the entrance near the picnic tables. Please do not park in front of the fire lane as that is where campers will be walking to get into the picnic area.

### Lake Anza, Tilden Park:

Park in the lot right by Lake Anza. Walk your YL over to us on the grassy field.

### Berkeley Marina:

Park in the lot next to the Adventure Playground, or the lot across the street from Shorebird Park. Walk your Youth Leader over to us at the small amphitheater near the play structure and next to Shorebird Park Nature Center.

### Environmental Education Center Parking Lot, Tilden Park:

Park in the main parking lot and meet us across the street from the play structure in the parking lot at the picnic tables on the grassy field.

### Strawberry Creek, UC Berkeley Campus:

From the campus area on Oxford Street, drive into the campus on the half circle that connects University Avenue and Center Street. Park for a few minutes on this half circle and walk your YL over to us near the redwood trees in the grassy half circle area.

### Blake Gardens, Kensington:

Park in the small parking lot at Blake Gardens and walk your YL to meet us at the event lawn. Please see the map on the gate entrance into the gardens to locate the event lawn.

### Codornices Park, Berkeley:

Park on the street outside Codornices Park, across from the Berkeley Rose Garden and walk your YL to meet us on the grass near the play structures.

### Lawrence Hall of Science, Berkeley:

Park in one of the lots and walk your YL to meet us near the whale outside the entrance to the museum.

# **KIDS for the BAY**

## **Summer Camp**

### **Drop-Off/Pick-Up Late Policy**

**Drop Off:** We offer flexible drop-off every day between **8:30 am and 9:00 am**. Camp begins at 9:00 AM. We may leave the drop-off area to start our activities by 9:15 AM. We want all Youth Leaders and campers to get the most out of their day and a prompt start to our activities will help ensure this. If you plan on arriving late, please call to determine where the group will be at the time of arrival. Please be aware that cell phone reception is very limited in some parts of Tilden Park and some other camp locations.

**Pick-Up:** We offer flexible pick-up every day between **3:00 pm and 3:30 pm**. Please allow enough travel time to **pick your child up on time, before 3:30 pm. We will charge a late pick-up fee of \$1.00 for every minute late past 3:30 pm.**

For **Nature Club**, after camp care pick-up is **no later than 5:00 pm. We will charge a late pick-up fee of \$1.00 for every minute past 5:00 pm.**

**If you are late please have a check or cash ready to pay the Camp Leader *on the day you are late.***

*Thank you for your understanding!*

# **KIDS for the BAY**

## **Summer Camp**

### **Youth Leader Expectations**

*Youth Leaders are important role models to our campers at all times, while working on developing their leadership skills.*

#### **Youth Leader Expectations**

- Play and learn how to lead various camp games
- Help with equipment and activity set up and clean up
- Read camp books aloud to groups of campers and/or the whole camp group
- Lead some circle times
- Help to supervise campers during snack, lunch, and free play times.

#### **Mentoring Campers**

- Be a 'big buddy' to all campers
- Seek out any campers that are alone or having trouble getting comfortable at camp and spend extra time with them and encourage them to participate and make new friends

#### **Role Model**

- Help reinforce KftB expectations of our campers by modeling excellent camper behavior
- Be positive, energetic, enthusiastic and helpful
- Model sitting and active listening during circle time
- Enthusiastically participate in and/or assist with all activities
- Follow all camp rules/expectations
- Use appropriate language (kind words, age appropriate words, be careful when 'joking' that the joke is appropriate for younger campers)
- Treat all campers and staff with kindness and respect.

### **Excellent YL choices**

- Leading an age appropriate game for campers
- Helping to carry materials
- Being a buddy to a camper who feels left out
- Participating in all group activities
- Helping campers with reading material/using equipment (plant/bird guides, microscopes)
- Joining circle with campers and being a role model by listening and following instructions
- Encourage campers to participate and help guide them to be interested in the current activities
- Being really fun and kind!

### **Not so Great YL choices**

- Going off on your own with a camper - this is never allowed in our camp and we strictly follow our 'Rule of Three' at all times
- Being disruptive and modeling disrespectful behavior
- Carrying campers' personal items for them
- Encouraging campers to be overly competitive
- Complaining out loud in front of the group
- Having a negative attitude/being rude
- Excluding campers/ only playing with other YLs
- Allowing campers to sit in your lap, giving piggyback rides, etc.
- Unwilling to participate, being unenthusiastic about an activity.

**Please note that if you are interested in applying for our Junior Camp Leader or Camp Leader paid positions** in the future, we will ask our camp staff how you performed as a Youth Leader before moving forward with the interview process for these positions.

# KIDS for the BAY

## Summer Camp

### Youth Leader Daily Checklist

#### **Remember to WEAR the following things each day:**

- Layered clothing (it can be a little chilly in the morning so a long-sleeve and short-sleeve shirt are recommended)
- Long pants (this is tick-season and long pants will help prevent any tick bites)
- Clothing and closed-toed shoes that can be dirtied
- Sweatshirt/light jacket
- Sunscreen (Please have your YL apply before coming to camp. Camp staff have zinc/zinc oxide based children's sunscreen available for re-application if needed.)
- Sunhat

#### **Remember to BRING the following things each day:**

- Backpack
- Nutritious, hearty lunch and morning/afternoon snacks \*
- Full water bottle
- Small-sized, personal bottle of hand-sanitizer (staff will provide extra if needed)
- A bandana for camp games (optional)
- Any needed medication.

**Please note:** You must notify camp staff of any medication your child needs during camp, and you must provide a completed Medication Permission Form.

#### **Remember to BRING the following things on Friday for Lake Anza:**

- Swimsuit and towel (in a separate bag)

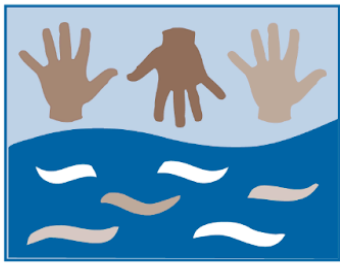
***\* We encourage camp families to pack a Zero-Waste Lunch. Please use reusable and recyclable products when possible! Please see the KftB Recipe for a Zero-Waste Lunch.***

**Please LEAVE the following items at HOME:**

Toys, money, candy, games of any kind (trading cards, video games, etc.), and science/nature equipment (the equipment needed for each activity will be provided to all campers).

**PLEASE NOTE: Youth Leaders are responsible for their own belongings!** Camp staff will give groups frequent reminders to make sure they have everything they came with, but it is each individual's responsibility to keep track of their things.

**In Case of Rain/Inclement Weather:** Our camp is conducted outdoors. If rain is predicted for the following day, we will notify you and give you instructions to prepare for the upcoming rainy day. In case of unexpected, ongoing heavy rain during a day of camp, please be prepared to pick up your child if we call you.



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## Medication Policy Summer Camp 2025

Dear Summer Camp Families,

**If your child will need medication** administered while participating in KIDS for the BAY Summer Camp, you must complete a **Medication Permission Form** to turn in to the Camp Staff along with the **medication and/or medical device(s)** on the first day of camp at check-in.

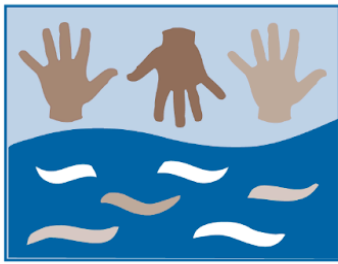
You may be asked to demonstrate to Camp Staff how to administer the medication and/or use the medical device at that time.

Thank you in advance for complying with our medication policy. If you have any questions or would like to discuss our medication policy further, please feel free to contact me.

We look forward to a wonderful and safe summer!

Yvette Diaz Samayoa  
Summer Camp Manager  
Anais Wilson  
Summer Camp Coordinator  
KIDS for the BAY  
[camp@kidsforthebay.org](mailto:camp@kidsforthebay.org)

**Everyone Is an Environmentalist!**



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## Camper Medication Permission Form

Date: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Camper Name: \_\_\_\_\_

I, \_\_\_\_\_, am a parent/guardian of the above-named Camper. I give full permission to KIDS for the BAY (KftB) Summer Camp Staff to administer the following medication(s) and/or medical device(s) to my child (the "Camper") while they are participating in KIDS for the BAY Summer Camp from the dates of \_\_\_\_\_ to \_\_\_\_\_:

Medication/Medical Device Name	Dosage Amount and Timing	Reason for Administration

I will provide the above medication(s) and/or medical device(s) to the KIDS for the BAY Summer Camp Staff. I will provide training on how to administer the medication and/or use the medical device to the Summer Camp Staff upon my or KIDS for the BAY's request.

Note: Please attach any additional information or notes to this form.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

\*\*\*\*\*

I acknowledge receipt of this permission to administer the above-indicated medication(s)/medical device(s) to the above-named Camper.

\_\_\_\_\_  
Signature of KftB Camp Staff Member

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of KftB Camp Staff Member

**Everyone Is an Environmentalist!**

# KIDS for the BAY

## Summer Camp

### LIT Intern Self Sign-Out Form

LIT/Intern Name	
Parent/Guardian Name	
Session(s) Enrolled	

I give permission for \_\_\_\_\_ to sign themselves out of KIDS for the BAY Summer Camp. I understand that from the time my child signs themselves out of Camp, I am responsible for the whereabouts and well-being of my child.

In consideration of allowing my child to participate in KIDS for the BAY Summer Camp and to the fullest extent permitted by law, I agree to hold harmless KIDS for the BAY, its employees, and its volunteers and assigns from and against all claims arising out of or resulting from my child's participation in camp upon release. I hereby voluntarily hold harmless and release KIDS for the BAY and Earth Island Institute (KIDS for the BAY's parent organization), its trustees, officers, employees, agents and volunteers from any and all claims arising out of or incident to my child's release from Summer Camp, which may be made on behalf of me, my child, my personal representatives and my heir or assigns.

Parent/Guardian Signature:

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Date:

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**EAST BAY REGIONAL PARK DISTRICT**

**WAIVER AND RELEASE OF LIABILITY AND INDEMNITY AGREEMENT**

**Waiver and Release of Liability.** In consideration of being allowed to use and participate in activities at East Bay Regional Park District’s facilities, including but not limited to its pools, lakes, shorelines and swimming lagoons (“Recreational Activity”), I, for myself and my spouse, my child, heirs, personal representatives, next of kin, and assigns, voluntarily agree to release, waive, discharge, and promise not to sue the East Bay Regional Park District, its officers, directors, agents, volunteers, and employees (collectively the “District”) from any and all liability for any accident, illness, injury, death, wrongful death, or property damage/loss arising out of my participation in the Recreational Activity and/or use of District facilities and equipment (along with the use of transportation provided, arranged, or paid for by the District, including such transportation for medical treatment), whether occurring on or off District property, and whether caused by any negligence of the District or otherwise, excepting only to the extent caused by District’s gross negligence.

**Assumption of Risk.** I understand that participation in the Recreational Activity and the use of District facilities, equipment, and transportation carry inherent risks that cannot be eliminated regardless of the care taken to avoid injury. These risks may result in injuries that include, but are not limited to, disease, cuts, eye injuries, blindness, broken bones, concussions, heart attacks, heat stroke, dehydration, joint or back injuries, slipping on uneven surfaces, brain injuries, drowning, paralysis, and death, as well as damage/loss of personal property. I also understand that these risks might arise for a variety of reasons, including but not limited to, actions, inaction or negligence of other parties, participants, or the District. I further understand that there may be other risks that are not known to me or reasonably foreseeable at this time. **By signing below, I acknowledge that participation in the Recreational Activity and the use of District facilities, equipment, and transportation is voluntary and that I knowingly assume any and all risks, known and unknown.**

**Indemnity Agreement.** In consideration for the District’s permission to participate in the Recreational Activity, I voluntarily agree to indemnify and hold harmless the District from all claims, demands, and causes of action brought by me or anyone else as a result of my participation in the Recreational Activity and/or use of District facilities and equipment (along with the use of transportation provided, arranged, or paid for by the District, including such transportation for medical treatment), whether caused by any negligence of the District or otherwise, and agree to reimburse the District for any resulting costs, expenses, and attorneys’ fees

**Severability.** I understand and acknowledge that this Agreement is intended to be as broad and inclusive as permitted by law. If any portion of this Agreement is deemed **invalid**, it is agreed that the remaining portion of the Agreement shall continue in full legal force and effect.

**Minor Participants.** If Participant is under 18, Participant’s custodial parent or legal guardian must sign below, warranting that he or she is the Participant’s custodial parent or legal guardian, and is agreeing to the terms and conditions of this Agreement, on both his or her and the Participant’s behalf. **Parent or legal guardian acknowledges by their signature that they are giving up the same rights for the minor as they would be giving up if they signed this Agreement on their own behalf.**

**I have read this Agreement and understand that I am giving up substantial rights by signing it, but do so voluntarily and intend to completely release the District from the liability described above to the greatest extent allowed by law.** I also understand that this Agreement is legally binding on me and my child (if applicable), spouse, heirs, personal representatives, assigns, and next of kin.

Participant’s Name \_\_\_\_\_  
(Print)

Name of Custodial Parent or Guardian (if Participant is under 18): \_\_\_\_\_  
(Print)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Participant Signature (if over 18) or Custodial Parent or Guardian Signature

# Recipe for a Zero Waste Lunch

**Sustainable, Reusable, Recycled, Reduced Waste, Zero-Waste Lunch**

**Disposable, Single-Use, More Waste Lunch**

Reusable lunch box



Plastic or paper lunch bag



Reusable or Recycled food containers



Plastic sandwich bags & plastic wrap



Reusable bottles



Single-use plastic bottles / juice boxes



Buying food in bulk



Buying individually packaged food



Reusable Silverware



Plastic utensils



Cloth napkin, bandana



Paper napkin

