



**Celebrating 30 Years!**

A Project of **Earth Island Institute**

1771 Alcatraz Avenue, Berkeley, CA 94703

Tel: (510) 734-3835

Email: [info@kidsforthebay.org](mailto:info@kidsforthebay.org)

[www.kidsforthebay.org](http://www.kidsforthebay.org)

**Mandi Billinge**, Executive Director/Founder

## **Summer Camp, 2023**

### **Parent Preparation Packet**

Dear KIDS for the BAY Summer Camp Family,

We are really looking forward to a wonderful summer of outdoor adventures, hands-on science and caring for the environment with you and your campers. We have planned many weeks of fun-filled learning, guaranteed to make this summer unforgettable! In this Parent Preparation Packet we have enclosed some important information about camp. Please be sure to read it over yourself, and discuss key information with your camper to help prepare them for a great experience at camp.

#### **Your Parent Preparation Packet includes:**

- Your Camper's Daily Checklist
- Camper Expectations
- Drop-Off/Pick-Up Instructions
- Drop-Off/Pick-Up Late Policy
- Medication Permission Form
- Recipe for a Zero-Waste Lunch - please try to pack a Zero or Reduced-Waste Lunch and snacks for your campers each day of camp, when possible.

#### **Each Explorers and Adventurers group will be led by:**

- KIDS for the BAY year-round staff members/Environmental Educators
- Camp Leaders/Environmental Educators
- Camp Youth Leaders

You can read more about our [camp staff on our website!](#)

**IMPORTANT: If your child will need medication** administered while participating in a KIDS for the BAY camp session, you must complete a **Medication Permission Form**. This includes possible use of an epipen. Please email this form to [camp@kidsforthebay.org](mailto:camp@kidsforthebay.org) and turn it in to Summer Camp staff in person on the first day of camp during check-in time.

Please remember to **bring your picture ID** to pick up your camper. The **Drop-Off/Pick-Up Locations and maps with exact meeting places** can be found **on our website** at the **bottom of the page** for each weekly theme. You can also follow [this link](http://kidsforthebay.org/summer-camp/session-themes-locations/) for more information on your special camp theme:

#### **If you have any general questions please feel free to contact us:**

Camp email: [camp@kidsforthebay.org](mailto:camp@kidsforthebay.org)

KftB Office: (510) 734-3835

#### **For urgent questions only, while camp is in session please contact:**

Corey Chan, KftB Education Manager/Summer Camp Manager: (510) 473-5320

Yvette Diaz Samayoa, KftB Program Manager (on site at camp): (510) 316-5664

Please note that cell phone reception is limited in Tilden Park and at some other locations.

We really look forward to seeing you at Summer Camp!

**KIDS for the BAY**

**Everyone is an Environmentalist!**

# KIDS for the BAY

## Summer Camp

### Camper Daily Checklist

#### **Remember to WEAR the following things each day:**

- ☐ Layered clothing (it can be a little chilly in the morning so a long-sleeve and short-sleeve shirt are recommended)
- ☐ Long pants (this is tick-season and long pants will help prevent any tick bites)
- ☐ Clothing and closed-toed shoes that can be dirtied
- ☐ Sweatshirt/light jacket
- ☐ Sunscreen (Please put sunscreen on your camper in the morning before drop-off. Camp staff have zinc/zinc oxide based children's sunscreen available for re-application if needed.)
- ☐ Sunhat

#### **Remember to BRING the following things each day:**

- ☐ Backpack
- ☐ Nutritious, hearty lunch and morning/afternoon snacks \*
- ☐ Full water bottle
- ☐ Small-sized, personal bottle of hand-sanitizer (staff will provide extra if needed)
- ☐ A bandana for camp games (optional)
- ☐ Any needed medication.

**Please note:** Camp staff must be notified of any medication your child needs during camp, and you must provide a completed Medication Permission Form

#### **Remember to BRING the following things on Friday for Lake Anza:**

- ☐ Swimsuit and towel (in a separate bag)

***\* We encourage camp families to pack a Zero-Waste Lunch. Please use reusable and recyclable products when possible! Please see the KftB Recipe for a Zero-Waste Lunch.***

**Please LEAVE the following items at HOME:**

Toys, money, candy, games of any kind (trading cards, video games, etc.), and science/nature equipment (the equipment needed for each activity will be provided to all campers).

**PLEASE NOTE: Campers are responsible for their own belongings!** Camp staff will give campers frequent reminders to make sure they have everything they came with, but it is each camper's responsibility to keep track of their things.

**In Case of Rain:** Our camp is conducted outdoors. If rain is predicted for the following day, we will notify you and give you instructions to prepare for the upcoming rainy day. In case of unexpected, ongoing heavy rain during a day of camp, please be prepared to pick up your child if we call you.

# **KIDS for the BAY**

## **Summer Camp**

### **Camper Expectations**

*Please review this carefully with your child.*

#### **Safety First!**

We want all campers to be safe and make good and safe decisions. Safe actions include but are not limited to:

- Following the directions of the camp staff
- Staying with the group at all times
- Staying within the boundaries established by camp staff for each activity
- Following the signals to return to camp staff
- Not throwing rocks or other objects
- Telling camp staff if you need to use the bathroom
- Participating in all activities
- Wearing a mask *if required* at the time of camp, hand sanitizing regularly, following health and safety guidelines as directed by camp staff
- Allowing camp staff to administer First Aid

*KIDS for the BAY staff are CPR/First Aid certified.*

#### **Respect Each Other and the Natural World**

We want all campers to feel respected and show respect towards others and the environment. Respectful actions include but are not limited to:

- Using kind and thoughtful language. No put downs or name calling.
- Using words and camp staff to settle problems. No physical aggression towards others.
- Leaving all plants and animals to grow and reproduce. Look, smell and touch them with care and gentleness.
- Following camp staff directions for handling all animals and plants and returning them safely to their place in nature.

## **Consequences**

The consequences for not meeting the above expectations are:

- **Redirection** –A camp staff member will ask the camper to change their behavior and will try to engage with them in a positive way.
- **Warning** - A camp staff member will let the camper know that they will not be able to continue to participate if they don't change their behavior.
- **Time Out** – The camper will not be able to participate in a particular activity.
- **Communication with Parents or Guardians** – The camp staff will talk to the parents about the camper's behavior. The parent, camper and camp staff member will make a plan for improvement for the next day's camp that is approved by the camp staff member.
- **Behavior Contract** - If the camper's behavior is not improving, the camp staff member will meet with the parent and the camper after camp, and complete a Behavior Contract together. Everyone will agree on and sign the Behavior Contract.
- **Suspension** – If the agreements in the Behavior Contract are still not being followed, the camper will be asked not to return to camp.
- **Extreme behavioral challenges** - In the case of an extreme behavioral challenge, parents may be called to pick up their child immediately from camp and campers may be asked not to return to camp.

# KIDS for the BAY

Summer Camp 2023

## **Camp Location Pick-up/Drop-off Instructions**

**IMPORTANT:** Please see our session [Themes and Locations](https://kidsforthebay.org/summer-camp/session-themes-locations/) page on our website for camp locations during your session(s):

<https://kidsforthebay.org/summer-camp/session-themes-locations/>

We will mainly be **based at Orchard Picnic Area in Tilden Park**, and we will have **at least two, sometimes three special location days each week**, so it is very important for you to check the website to find the location of camp for your camper each day.

**PLEASE NOTE:** Our locations are *best found using Google Maps*.  
*Apple Maps will not take you to the correct location.*

**AT ALL LOCATIONS:** Look for the KIDS for the BAY Summer Camp sign!

### Orchard Picnic Area, Tilden Park:

Park in the lot above or across the street from Orchard Picnic Area. Walk your camper over to the check-in area at the entrance near the picnic tables.

### Lake Anza, Tilden Park:

Park in the lot right by Lake Anza. Walk your camper over to us on the grassy field.

### Berkeley Marina:

Park in the lot next to the Adventure Playground, or the lot across the street from Shorebird Park. Walk your camper over to us at the small amphitheater near the play structure and next to Shorebird Park Nature Center.

### Environmental Education Center Parking Lot, Tilden Park:

Park in the main parking lot and meet us across the street from the play structure in the parking lot at the picnic tables on the grassy field.

### Strawberry Creek, UC Berkeley Campus:

From the campus area on Oxford Street, drive into the campus on the half circle that connects University Avenue and Center Street. Park for a few minutes on this half circle and walk your camper over to us near the redwood trees in the grassy half circle area.

### Blake Gardens, Kensington:

Park in the small parking lot at Blake Gardens and walk your camper to meet us at the event lawn. Please see the map on the gate entrance into the gardens to locate the event lawn.

### Codornices Park, Berkeley:

Park on the street outside Codornices Park, across from the Berkeley Rose Garden and walk your camper to meet us on the grass near the play structures.

# **KIDS for the BAY**

## **Summer Camp**

### **Drop-Off/Pick-Up Late Policy**

**Drop Off:** We offer flexible drop-off every day between **8:30 am and 9:00 am**. Camp begins at 9:00 AM. We may leave the drop-off area to start our activities by 9:15 AM. We want all campers to get the most out of their day and a prompt start to our activities will help ensure this. If you plan on arriving late, please call to determine where the group will be at the time of arrival. Please be aware that cell phone reception is very limited in some parts of Tilden Park and some other camp locations.

**Pick-Up:** We offer flexible pick-up every day between **3:00 pm and 3:30 pm**. Please allow enough travel time to **pick your child up on time, before 3:30 pm. We will charge a late pick-up fee of \$1.00 for every minute past 3:30 pm.**

For **Nature Club** after camp care pick-up is **no later than 5:00 pm. We will charge a late pick-up fee of \$1.00 for every minute past 5:00 pm.**

**If you are late please have a check or cash ready to pay the Camp Leader *on the day you are late.***

*Thank you for your understanding!*



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## **Camper Medication Policy Summer Camp 2023**

Dear Summer Camp Families,

**If your child will need medication** administered while participating in KIDS for the BAY Summer Camp, you must complete a **Medication Permission Form** to turn in to the Camp Staff along with the **medication and/or medical device(s)** on the first day of camp at check-in.

You may be asked to demonstrate to Camp Staff how to administer the medication and/or use the medical device at that time.

Thank you in advance for complying with our medication policy. If you have any questions or would like to discuss our medication policy further, please feel free to contact me.

We look forward to a wonderful and safe summer!

Corey Chan  
Summer Camp Manager  
KIDS for the BAY  
[camp@kidsforthebay.org](mailto:camp@kidsforthebay.org)

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## **Camper Medication Permission Form**

Date: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Camper Name: \_\_\_\_\_

I, \_\_\_\_\_, am a parent/guardian of the above-named Camper. I give full permission to KIDS for the BAY (KftB) Summer Camp Staff to administer the following medication(s) and/or medical device(s) to my child (the "Camper") while they are participating in KIDS for the BAY Summer Camp from the dates of \_\_\_\_\_ to \_\_\_\_\_:

Medication/Medical Device Name	Dosage Amount and Timing	Reason for Administration

I will provide the above medication(s) and/or medical device(s) to the KIDS for the BAY Summer Camp Staff. I will provide training on how to administer the medication and/or use the medical device to the Summer Camp Staff upon my or KIDS for the BAY's request.

Note: Please attach any additional information or notes to this form.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

\*\*\*\*\*

I acknowledge receipt of this permission to administer the above-indicated medication(s)/medical device(s) to the above-named Camper.

\_\_\_\_\_  
Signature of KftB Camp Staff Member

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of KftB Camp Staff Member

**Everyone is an Environmentalist!**

# Recipe for a Zero Waste Lunch

## Sustainable, Reusable, Recycled, Reduced Waste, Zero-Waste Lunch

### Reusable lunch box



### Reusable or Recycled food containers



### Reusable bottles



## Disposable, Single-Use, More Waste Lunch

### Plastic or paper lunch bag



### Plastic sandwich bags & plastic wrap



### Single-use plastic bottles / juice boxes



### Buying food in bulk



### Buying individually packaged food



### Reusable Silverware



### Plastic utensils



### Cloth napkin, bandana



### Paper napkin

